

Westminster Academy

Track and Field

Boys' School Record Progression

Shot Put

41' 10"	Vince Sthair	1975
43' 5 3/4"	Brian Hunsicker	1976
49' 2 3/4"	Vince Sthair	1977
53' 8 3/4"	Richard McArthur	1979

Discus

113' 5 1/2"	Vince Sthair	1975
129' 1 "	Brian Hunsicker	1976
164' 2"	Richard McArthur	1979

High Jump

5' 0"	Kurt Wade	1975
5' 11 1/2 "	Kurt Wade	1976
6' 0"	Kurt Wade	1977
6' 2"	Kurt Wade, Jim McCann	1978
6' 4 1/2"	Eric Sullivan	1985
6' 5 1/2"	Justin Smith	1997
6' 7"	Justin Smith	1998
6' 7"	Anthony Sheffield	2008

Long Jump

16' 1"	Don King	1975
18' 2"	Joel Stade	1975
19' 5 1/2"	Bruce Canfield	1976
19' 6"	Kurt Wade	1977
19' 10 "	Kurt Wade	1978
20' 6 3/4"	Kurt Wade	1979
20' 7"	Patrick Maulden	1983
22' 0"	Patrick Maulden	1985
22' 2"	Matt Blackburn	1996
22' 4.25"	James Robinson	2002
22' 4.50"	Wayne Sears	2008

Triple Jump

37' 5 1/2"	Mark Kubiadowicz	1981
37' 11"	Robert Nolan	1983
40' 7"	Stefan Kolding	1985
40'11"	Matt Blackburn	1995
40'11.5"	Matt Blackburn	1996
41' 4.75"	Justin Metzger	2000
45' 1"	Wayne Sears	2008
45' 5"	Anthony Sheffield	2008

Pole Vault

7' 6"	Clay Smith	1975
9' 3"	Tracy Barnett	1975
11' 2"	Tracy Barnett	1976
12' 0"	Tracy Barnett	1978
12' 6"	Paul Hage	1987
13'7"	Sam Freas	1993
14'0"	Sam Freas	1994

120 Yard High Hurdles

17.6	Joel Stade	1975
16.5	Kurt Wade	1976
16.0	Kurt Wade	1977
15.1	Jim McCann	1978
14.88 (Fat)	Kurt Wade	1979

100 Yard Dash

11.7	Vince Sthair	1975
11.5	Don King	1975
10.8	Chris Westerfield	1976
10.5	Steve Sapp	1978
10.4	Bill Lukaswitz	1979
10.1	Pat Maulden	1985

100 Meter Dash

(Add 1.1 Seconds To 100 Yard Dash Times = 100 Meters)

11.0 (=9.9y)	Patrick Maulden	1985
10.9	Nick Butler	1992
11.05 (FAT)	Devin Pierce	1997
11.05	James Robinson	2002

One Mile Run

5:04.5	Jon Urbanek	1975
4:49.5	Bob Fleck	1976
4:48.5	Ron Brown	1977
4:42.3	Ron Brown	1978
4:41.5	Scott Johnson	1979
4:39.9	Todd Murphy	1982
4:34.3	David Vila	1983
4:20.8	Michael Claeys	1985

440 Yard Dash -- 400 Meters

64.8	Alex Doig	1975
59.8	Bruce Woodman	1975
53.4	Chris Westerfield	1976
52.0	Alan Wells	1978
51.4	Alan Wells	1979
50.2	Patrick Maulden	1986
49.13(M,FAT)	Wayne Lucas	2000

330 Yard Intermediate Hurdles

49.2	Joel Stade	1975
46.7	Kurt Wade	1976
40.3	Jim Mccann	1978,79

880 Yard Run

2:30.0	Bruce Woodman	1975
2:12.9	Jock Gutman	1975
2:01.0	Bob Fleck	1976
1:59.1	Michael Claeys	1985

220 Yard Dash--200 Meters

29.4	David Scott	1975
27.1	Don King	1975
24.2	Chris Westerfield	1976
23.3	Jim McCann	1978
23.2	Patrick Maulden	1985
22.8	Patrick Maulden	1986
22.92 (FAT)(M)	Devin Pierce	1995
22.87	Devin Pierce	1996
22.31	Devin Pierce	1997

Two Mile Run

11:35	Ron Brown	1975
10:47.5	Mark Sanford	1976
10:45.7	Scott Johnson	1979
10:27.4	Todd Murphy	1982
10:16.6	David Vila	1983
9:22.6	Mike Claeys	1984

440 Relay -- 4 X 100 M Relay

Sapp, Woodman, Wade, Mccann	46.5	1978
Mccann, Kono, Kroll, Lukaswicz	45.9	1979
Wade, Cochran, Kroll, Lukaswicz	45.6	1979
Blackburn, Pierce, Hamilton, Smiley	44.4 (M)	1995
	43.56 (FAT)	1996
Holden, Metzger, Lewis, Gallupi	43.25	2000

Mile Relay-- 4 X 400 M Relay

Stade, Woodman, Doig, Peterson	4:13.5	1975
Woodman, Doig, Stade, Gutman	4:08.3	1975
Hurter, Woodman, Westerfield, Fleck	3:37.1	1976
Woodman, Mccann, Wells, Woodman	3:34.8	1978
Hage, Johnson, Carlson, Maulden	3:34.1	1986
Pierce, O'Keefe, Gill, Lucas	3:32.00 (M, FAT)	1997
Rickel, Moses, Sheffield, Hess	3:25.07	2007