



A special thank you goes to all of our student-athletes and coaches for their devotion to Christ and dedication to excellence. We would also like to thank all of our volunteers, school parents, fans and school community for their prayers, service and donations. Please continue to visit our website for information regarding all of our sports at WA.

## **ATHLETIC PHYSICALS SPECIAL MAKE-UP OPPORTUNITY**

If you missed the athletic physicals that were offered last weekend, Dr. Delgado has graciously offered his services for **tomorrow, Thursday, August 4, from 4:00 - 6:00 PM in the WA weight room/athletic training room**. We apologize for the last-minute notice, however, Dr. Delgado is making this special service available we would love for our student-athletes to take advantage of this service.

To simplify the overall process, please bring the athletic packet completely filled out to the best of your ability and then submit it to Head Athletic Trainer Mandy Estep.

Please contact Mandy Estep, head athletic trainer, via email at [estepm@wacad.edu](mailto:estepm@wacad.edu) if you have any questions or concerns.

## **FALL SPORTS START DATES DRAWING NEAR**

Believe it or not, yet another school year is upon us and that means the exciting start-up of fall sports! Please see the fall sports offered at WA along with their official start dates and contact information for each sport's coach.

### **Cheerleading**

Head Coach: Jen Casey

Email: [caseyj@wacad.edu](mailto:caseyj@wacad.edu)

JV & Varsity Start Date: Monday, August 8

Middle School Start Date: Monday, August 15

### **Cross Country**

Head Coach: Ken Key

Email: [keyk@wacad.edu](mailto:keyk@wacad.edu)

Varsity (Grades 6-12) Start Date: Monday, August 15

### **Crew**

Head Coach: Glen Harcsar

Email: [ellisschoolcrew@yahoo.com](mailto:ellisschoolcrew@yahoo.com)

Varsity Start Date: Please contact coach Harcsar

### **Football**

Head Coach: Greg Estep

Email: [estepg@wacad.edu](mailto:estepg@wacad.edu)

JV & Varsity Start Date: Monday, August 8

Middle School Start Date: Monday, August 15

### **Golf (Men's and Ladies')**

Head Coach: Jack Fleck

Email: [fleckj@wacad.edu](mailto:fleckj@wacad.edu)

Varsity (Grades 6-12) Start Date: Tuesday, August 9

### **Swimming & Diving**

Head Coach: Sam Freas

Email: [freass@wacad.edu](mailto:freass@wacad.edu)

Varsity Start Date: Wednesday, August 10

### **Volleyball**

Head Coach: Denise Gianino

Email: [gianinod@wacad.edu](mailto:gianinod@wacad.edu)

JV & Varsity Start Date: Monday, August 8

Middle School Start Date: Monday, August 15

## **COME OUT AND SUPPORT OUR WA LIONS!**

Your attendance and support at our games provides enthusiasm, excitement, school spirit, and a sense of a close community. Please see below for

opportunities to come out and support our student-athletes at WA.

**Contests between August 25 and September 10, 2011**

**Thursday, August 25:**

Varsity Football vs. Inlet Grove - HOME - 6:00 PM - Athletic Complex

**Monday, August 29:**

Varsity Golf vs. Westminster Christian - AWAY - Please contact Coach Fleck for time & location

**Tuesday, August 30:**

Varsity Golf vs. Coral Springs Christian - HOME - 3:30 PM - Coral Ridge Country Club

JV/Varsity Volleyball vs. Benjamin School - AWAY - 5:30 PM (JV) & 7:00 PM (Varsity)

**Thursday, September 1:**

Middle School Football vs. Calvary Christian - HOME - 4:00 PM - Athletic Complex

JV Football vs. Calvary Christian - AWAY - 4:00 PM

**Friday, September 2:**

Varsity Football vs. Gateway Charter - HOME - 7:00 PM

**Tuesday, September 6:**

Middle School/JV/Varsity Volleyball vs. Sagemont - AWAY - 4:00 PM (MS), 5:00 PM (JV), 7:00 PM (Varsity)

**Wednesday, September 7:**

Varsity Swimming and Diving vs. Pine Crest - AWAY - 4:30 PM

**Thursday, September 8:**

Middle School Volleyball vs. Somerset Academy - HOME - 4:00 PM

JV Football vs. Cardinal Gibbons - HOME - 6:00 PM

Varsity Volleyball vs. Parkway Academy - HOME - 6:00 PM

**Friday, September 9:**

Varsity Football vs. Coral Springs Christian - AWAY - 7:00 PM

**OFF-SEASON TRAINING AND  
PREPARATION OPPORTUNITIES**

If students are not involved in a fall sport, they are highly encouraged to participate in the various off-season training and skills enhancement programs conducted by our winter and spring sport coaches. Please see the coaches below that are offering off-season conditioning workouts during the fall and feel free to contact them directly for more information.

**Baseball:**

Head Coach: Nick James

Email: jamesn@wacad.edu

**Basketball (Ladies'):**

Head Coach: Jennifer Goldsmith

Email: jchapman2@hotmail.com

**Basketball (Men's):**

Head Coach: Ehren Wallhoff

Email: wallhoff23@msn.com

**Soccer (Ladies'):**

Head Coach: Dale Renwick

Email: jtiff2@bellsouth.net

**Soccer (Men's):**

Head Coach: Jose del Pino

Email: delpinoj@wacad.edu or josedelpino24@gmail.com

**Softball:**

Head Coach: Casey Gibson

Email: gibsonc@wacad.edu

**Praise God for His provisions and providential blessings in athletics at  
Westminster Academy®!**

***GO LIONS!***



*Westminster Academy® is a Christ-centered, biblically-based college preparatory school dedicated to equipping covenant students to excel by using their gifts and talents for God's glory.*

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