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Congratulations to the Following WA Student-Athletes Selected "All-County" and "All-Broward" for the Fall 2010 Athletic Season by The Sun-Sentinel and The Miami Herald:

Ladies' Cross Country

- First Team:
 - **Adair Lyden** (*The Miami Herald & The Sun-Sentinel*)
 - **Best time:** 18:47
 - **Comment:** *Finished seventh in Class 1A state final with a season-best time; also regional and district champion.*
- Honorable Mention:
 - **Brittany Carey** (*The Miami Herald*)
 - **Nicole Feustel** (*The Miami Herald*)
 - **Caitlyn Hamilton** (*The Sun-Sentinel*)
 - **Brooke Oman** (*The Miami Herald & The Sun-Sentinel*)
 - **Kristen Selbach** (*The Miami Herald & The Sun-Sentinel*)

Men's Cross Country

- Third Team:
 - **Josh Fitzgibbon** (*The Miami Herald*)
- Honorable Mention:
 - **Chase Allsworth** (*The Miami Herald*)
 - **Josh Fitzgibbon** (*The Sun-Sentinel*)
 - **David King** (*The Miami Herald & The Sun-Sentinel*)
 - **Adrian Ricketts** (*The Miami Herald*)
 - **Ryan Sharpe** (*The Miami Herald*)

Football

- First Team:
 - **Josh Orsino** (*The Miami Herald & The Sun-Sentinel*)
 - **Comment:** 85 receptions, 1739 receiving yards & 17 touchdowns. Holds three Broward County records.
- Honorable Mention:
 - **Jonathan Merkle** (*The Miami Herald & The Sun-Sentinel*)
 - **Ray Sharp** (*The Miami Herald & The Sun-Sentinel*)
 - **Evan Cooper** (*The Miami Herald*)
 - **Andrew James** (*The Miami Herald*)
 - **Virgil Bolden** (*The Miami Herald*)
 - **Maverick Leahy** (*The Miami Herald*)

Golf

- First Team:
 - **Ashley Malinchak** (*The Miami Herald & The Sun-Sentinel*)
 - **Comment:** A starter for five years, won district title with a round of 71 and advanced to state with a 71 at regionals. Tied for 11th at state with 75-77.
- Honorable Mention:
 - **Billy Braun** (*The Miami Herald*)
 - **Matt Deso** (*The Miami Herald*)
 - **Steven LaMay** (*The Miami Herald & The Sun-Sentinel*)
 - **Josh Geer** (*The Miami Herald*)
 - **Max Soto** (*The Miami Herald*)

Swimming & Diving

- First Team:
 - **Caroline Nava** (*The Miami Herald and The Sun-Sentinel*)
 - **Best Event:** 50-yard freestyle (23.90)

- **Comment:** *Regional and district champ in 50 free; regional and district runner-up in 100 free. Placed fifth at state in 50 free.*
- Austin Saunders (***The Sun-Sentinel***)
 - **Best Event:** 50-yard freestyle (21.26)
 - **Comment:** *First place in district and region in 50-yard freestyle. Finished seventh in state meet.*
- Second Team:
 - **Austin Saunders (50 free - *The Miami Herald*)**
- Third Team:
 - **Caroline Nava (100 fly - *The Miami Herald*)**
 - **Austin Saunders (100 fly - *The Miami Herald*)**
 - **Men's 200 medley - Aaron Bibbee, Logan Johnstone, Austin Saunders, Nico Shyne, and Micah Smith (*The Miami Herald*)**
- Honorable Mention:
 - **Ashley Alfaro (*The Miami Herald*)**
 - **Aaron Bibbee (*The Miami Herald*)**
 - **Caroline Israels (*The Miami Herald*)**
 - **Logan Johnstone (*The Miami Herald* and *The Sun-Sentinel*)**
 - **Amy Kranz (*The Miami Herald*)**
 - **Jessica Nava (*The Miami Herald*)**
 - **Alex Warters (*The Miami Herald*)**
 - **Jason Woodburn (*The Miami Herald*)**

Volleyball

- First Team:
 - **Amelia Bohlander (*The Miami Herald*)**
 - **Comment:** 267 kills, 104 digs, 46 blocks
- Second Team:
 - **Amelia Bohlander (*The Sun-Sentinel*)**
- Third Team:
 - **Caroline Israels (*The Miami Herald*)**
- Honorable Mention:
 - **Caroline Israels (*The Sun-Sentinel*)**
 - **Anne Kelley (*The Miami Herald* & *The Sun-Sentinel*)**
 - **Laura Peed (*The Miami Herald* & *The Sun-Sentinel*)**

Praise God for His provisions and providential blessings in athletics at
Westminster Academy!

GO LIONS!



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